

Doctor Discussion Guide

By taking a few minutes to organize your thoughts and questions before your consultation, you can prepare to discuss the topics that matter most to you.



Endura Weight Loss Solutions

Endura Weight Loss Solutions is a collection of minimally invasive procedures performed endoscopically—through the mouth, with no incisions and no scars. With lifestyle changes, these procedures work with the patient’s body to support proven, effective weight loss. These endoscopic procedures are an alternative to surgery or long-term weight loss medications.

There are risks associated with all medical procedures. Please talk with your doctor about the risks and benefits associated with Endura Weight Loss Solutions.

ESG (Endoscopic Sleeve Gastroplasty)

A minimally invasive procedure that reduces the size of the stomach using internal sutures placed endoscopically through the mouth—without incisions or surgery.

Orbera™ Intragastric Balloon System

A temporary, saline-filled balloon placed in the stomach for up to six months to help limit food intake and support portion control.

TORe (Transoral Outlet Reduction)

A minimally invasive revision procedure for people who've had gastric bypass surgery and are regaining weight due to a stretched outlet or pouch.

Learn more at Endura.com

Choose the questions you want to ask at your consultation—and add any others that come to mind.

- ☐ Based on my BMI and medical history, am I a good candidate for this procedure?
- ☐ How much weight can I expect to lose?
- ☐ How does this procedure help me lose weight?
- ☐ Will I need any pre-procedure testing or evaluations?
- ☐ What’s the recovery like? What side effects should I expect?
- ☐ What kind of diet will I need to follow before and after?
- ☐ What are the risks or potential complications?
- ☐ Is the procedure covered by my insurance?
- ☐ _____
- ☐ _____
- ☐ _____

Notes:



Speak to an Education Specialist

Have questions about Endura Weight Loss Solutions? Education Specialists with health care experience are ready to provide information and support 24 hours a day, 7 days a week.

1-800-296-0926